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# THE AFRICA CAFE

## OUR RESTAURANT PROMISE

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For us serving you the best African food available is what it's all about. We pride ourselves in using only fresh, locally sourced, seasonal fruit & vegetables.

Our meat & chicken is all free-range & antibiotic free & we only use sustainably sourced seafood. We cater for all food allergies, gluten-free & diabetic requirements - except for extreme nut allergies.

We serve a COMMUNAL FEAST consisting of 15 dishes with inspiration from all over Africa.

**If you have specific dietary needs please contact our kitchen 48hrs before your reservation.**

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### WE DO, HOWEVER, CATER FOR THE FOLLOWING NEEDS

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#### SUGAR FREE

All dishes except the Mauritian Pineapple Pickle and the Dessert.

#### LACTOSE FREE

All dishes except Africa Cafe Cassava Bread

#### GLUTEN FREE

All dishes except the Cape Malay Roti and the East African Mchicha Wa Nazi and Phyllo Parcels.

#### VEGETARIAN (11 Dishes)

Cassava Bread, Broccoli Salad, Zanzibar Spiced Lentil Dip, Mauritian Pineapple Pickle, Butternut & Leek Bake, Roti & Dhal Curry, Congo Salad with Jungle Dressing, Savoury Basmati Rice, Quick-Fry Vegetables, Mchicha Wa Nazi and Phyllo Parcels & Dessert

#### VEGAN - 10 dishes

All the above except Cassava Bread.

No Shellfish or Pork on our menu.

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